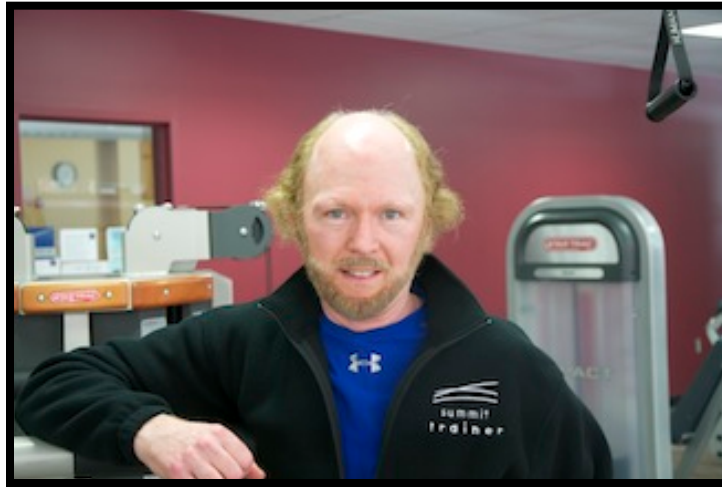


Bob Garvin, NASM CPT



Award winning NASM Certified Master Trainer and Television Sports Producer Bob Garvin has worked with Olympians and athletes in the NFL, NBA, PGA and Major League Baseball. Bob has interviewed hundreds of doctors and health professionals worldwide. He has also served as radio talk show host on "Body Talk" which aired on WBIX in Boston. The merger of Bob's media background and his vast experience as a Master Trainer make his training style effective and unique. His training sessions are unrivaled and give people the tools they need to enjoy a healthy, pain free life.